



INSELGRUPPE

Digitally  
connected

KISS by Epic

# Stay in the know with myInsel?

Of course! The patient portal keeps you informed about your healthcare at the Insel Gruppe anytime and anywhere.

**We connect. Information with people.**

INSELGRUPPE

[my-insel.ch/en](https://my-insel.ch/en)



# We are committed to digital medicine.

**The Insel Gruppe is currently not only developing physical infrastructure, but digital infrastructure too. After all, digitalisation, including artificial intelligence, big data and precision medicine, will shape the health-care of the future.**

Our vision is to play a pioneering role in digital medicine. That is why, on 2 March 2024, we were the first university hospital group in the German-speaking region to introduce the new hospital information and control system from the software manufacturer Epic.

Epic digitally connects all the Insel Gruppe's specialist departments, clinics and occupational groups. In addition, our new myInsel portal also gives you, the patient, convenient and secure access to your Insel Gruppe file.

# myInsel has many benefits.



## Patient file

Access your patient file at the Insel Gruppe anytime and anywhere – even on the move thanks to the myInsel app.



## Health information

Find comprehensive and clearly organised information relating to your treatment at our clinics in one place.



## Clinical documentation

View the clinical documentation from your visits to the Insel Gruppe: findings, laboratory or test results, ultrasound and X-ray images, etc.



## Treatment appointments

Manage your treatment appointments with the Insel Gruppe conveniently and easily online.



## Discharge reports and medication lists

Get access to reports and medication lists that are only authorised for you when you leave hospital.



## Access authorisation

If you wish, you can grant your next of kin access to your treatment information in myInsel.



We are constantly developing myInsel and are gradually adding new features.

# Using myInsel is easy.

Your treatment information belongs to you. As a hospital, we are therefore obliged to provide you with access to your patient file at all times – with myInsel, you can now do this conveniently online. To activate your personal access and make the most of all the benefits of myInsel, please follow these steps:

- 1. Getting your activation code**  
**On site:** Ask a member of our support team for your code.  
**Online:** Alternatively, you can also request this code via our website [my-insel.ch](https://my-insel.ch).
- 2. First time login**  
Visit [my-insel.ch](https://my-insel.ch) and use your activation code to log in for the first time.
- 3. Creation of your login data**  
After successfully logging in for the first time, set your personal user name and password.
- 4. Future logins**  
Use your newly created login details to access myInsel and all of its features at any time.
- 5. Data security**  
We use two-factor authentication to ensure the highest level of protection for your personal data.



Request a code now  
and find out more:  
[my-insel.ch/en](https://my-insel.ch/en)



## Also new: the InseLink portal for your general practitioner.

The **InseLink referral portal** will launch at the same time as myInsel. This will enable GPs and specialists to send us your referrals quickly and securely in digital form. With your authorisation, they will also be able to view your patient file and upcoming appointments at of the Insel Gruppe.



More information:  
[insel-link.ch](https://insel-link.ch)

# Any questions about myInsel?

Are you having difficulties logging in? Or would you like to set up proxy access? No problem. We'll be happy to help you in any way we can:

- Ask your treatment team.
- Take a look at our instructions and answers to the most frequently asked questions (FAQ) at [my-insel.ch](http://my-insel.ch).
- Contact our myInsel support team:  
+41 31 664 38 39 or [myinsel@insel.ch](mailto:myinsel@insel.ch)

We connect. Information with people.

myInsel is  
also available  
as an app.



Download now for free.

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